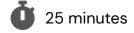




Chicken Parmigiana with Wedges

Speedy family favourite Chicken parmigiana finished in the oven and served with roasted baby potatoes and a simple salad.







FROM YOUR BOX

BABY POTATOES	800g
CHICKEN SCHNITZELS	600g
TOMATO SUGO	1 jar (350g)
GRATED CHEESE	1/2 packet *
SPRING ONIONS	1/4 bunch *
ORANGE	1
BABY BEET & LEAVES	1 bag (180g)

^{*}Ingredient also used in another recipe

FROM YOUR PANTRY

oil/butter for cooking, olive oil, salt, pepper

KEY UTENSILS

oven tray, large frypan, oven dish

NOTES

The thinner you cut the potatoes the shorter the cooking time. If short on time, boil potatoes and make a simple mash. Add a dried herb such as rosemary, thyme or oregano to potatoes for extra flavour!

Pour the tomato sugo straight into your frypan instead, if it is oven-proof.



1. ROAST THE POTATOES

Set oven to 220°C.

Wedge potatoes and toss with **oil and salt** on a lined oven tray. Roast for 20 minutes or until golden and tender (see notes).



2. COOK THE CHICKEN

Heat a large frypan with **oil** over high heat. Halve and add chicken schnitzels, cook for 3 minutes on each side. Season with **salt and pepper**.



3. FINISH THE CHICKEN

Pour tomato sugo into an oven dish (see notes). Add chicken and top with cheese. Slice and scatter spring onions on top. Place in the oven for 5-7 minutes for the cheese to melt and chicken to cook through.



4. TOSS THE SALAD

Peel and chop orange. Toss with leaves in a serving bowl and drizzle with **olive oil.**



5. FINISH AND SERVE

Serve chicken parmigiana with golden wedges and salad.



